



New Creation (10)
ACTS Prayer (3)
Supplication Prayer (1)

Php 4:6-7

#1 Supplication Prayer

Supplication refers to the action of asking or begging for something earnestly. It might be the most basic form of prayer that's found not only in Christianity, but also in many other religions.

However, Christian supplication is essentially different from what non-believers ask for in prayer. That's because we're praying to the living God who reveals Himself in the Bible.

God reveals Himself as a **heavenly Father**. We're not praying to other gods, but to our Father who is in heaven.



“To all who did receive him, to those who believed in his name, **he gave the right to become children of God**” (Jn 1:12)

We were once sinners and enemies of God, but because of Jesus' sacrifice on the cross, all our sins were forgiven and we became children of God by faith in Jesus.

#2 Supplication Prayer

Just as it's natural for us to ask our parents for something, as children of God who call Him 'Abba, Father,' we came to have the right to have access to our heavenly Father through Jesus Christ, asking for what we need.



The first step of supplication prayer is to remember the great privilege Jesus gave us through His sacrifice and profess that **God is truly our heavenly Father.**

#3 Supplication Prayer

There are some important things that we need to remember that make us confident in our prayer.

1. God Hears Our Prayer

First, we are to know that God indeed hears our prayers. we sometimes might think that He is far away from us and not interested in our situation or that He doesn't listen to our prayers.

However, we read a lot of passages in the Bible in which God is very interested in His people's situations and listens to their prayers.

“God has surely listened and has heard my prayer. Praise be to God, who has not rejected my prayer or withheld his love from me!” (Ps 66:19-20)

“Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart” (Jr 29:12-13)

#4 Supplication Prayer

1. God Hears Our Prayer

What's even more amazing is that God hears what's in our hearts even before we say it and responds.

“Before they call I will answer; while they are still speaking I will hear” (Is 65:24)

“Your Father knows what you need **before you ask him**” (Mt 6:8)

This is the confidence we must have when we go before God in prayer. Rather than relying on our feelings, we should believe in who God is through the Bible. God has so much interest in His people that He even knows “the very hairs of your head” (Mt 10:30)

God is very close to us—closer than we even imagine. He is so close that He knows the deepest needs in our hearts that even we ourselves don't notice. And God delights in hearing our prayers and answering us. That's the God we're praying to.

#5 Supplication Prayer

2. God Works Through Our Prayer

One of the things we know about God is that He rules over the world with His sovereignty.

It gives us such great comfort, but it sometimes prevents us from praying to Him. We might think, “If God knows everything and carries out His will with His sovereignty and almighty power, why should I pray?”

Even though it’s true that God knows everything and rules over the world according to His will, **it doesn’t mean that God is a dictator.**

God is our heavenly Father who wants to listen to us and communicate with us. And what’s more surprising, **God even changes what He has determined to do to answer our prayers.**

#6 Supplication Prayer

2. God Works Through Our Prayer

After delivering the Israelites out of Egypt, God led them to Mount Sinai. Moses went up to the mountain and spent 40 days there.

But the people of Israel asked Aaron, Moses' brother, to make a golden calf and started to worship it. Seeing this, God said to Moses,

“Now leave me alone so that **my anger may burn against them and that I may destroy them**. Then I will make you into a great nation” (Ex 32:10)

God decided to destroy the people of Israel because of their idolatry and make Moses' descendants into His people instead. But fortunately, that didn't happen because of **Moses' prayer**.

“Why should your anger burn against your people, whom you brought out of Egypt with great power and a mighty hand? **Turn from your fierce anger; relent and do not bring disaster on your people**. Remember your servants Abraham, Isaac and Israel, to whom you swore...” (Ex 32:11-13)

#7 Supplication Prayer

2. God Works Through Our Prayer

Then we read one of the most surprising verses in the Bible.

“Then the Lord relented and did not bring on his people the disaster he had threatened.” (Ex 32:14)

It’s amazing to see how one prayer saved the entire nation of Israel from God’s wrath. This is especially amazing when we think about God’s character.

“He who is the Glory of Israel **does not lie or change his mind**; for he is not a human being, that he should change his mind” (1Sm 15:29)

It’s important to understand that **God is not inconsistent**. He always does what is best according to His will. But He **also listens to our prayers and responds to them through His actions**. He hears us because He cares about us and loves us, and He wants us to come to Him with whatever is on our minds and in our hearts.

Memory Verses

“Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart” (Jr 29:12-13) (2)

“Before they call I will answer; while they are still speaking I will hear” (Is 65:24) (1)

“Your Father knows what you need **before you ask him**” (Mt 6:8) (1)

Questions

- 1) How would you define supplication prayer in your words? What is it? What are some important elements that we need to remember in Christian supplication prayer?
- 2) What keeps you from asking God for what you need the most? Why? How can you overcome it?